

Help shape a new service supporting social and emotional wellbeing and better mental health in Darwin

We want to keep the conversation with the community going as we develop the new Adult Mental Health Centre (AMHC) in Darwin. To share what has been happening, and to get your thoughts, we are looking to speak with people who have a lived experience of mental health challenges, their carers or families and advocates to participate in discussion sessions as we create the new service.

When?

Where?

A new way to get support

The AMHC will be a welcoming, inclusive place offering social and emotional wellbeing and mental health support. The AMHC will offer immediate support for people experiencing distress along with ongoing short-term support, access to information and help to navigate available services.



Who we are looking to hear from

We are looking for a diverse mix of people living in Darwin, including:

- people with a lived experience of mental health challenges
- people who have previously accessed mental health services
- carers or family members people with a lived experience of mental health challenges.
- People who deliver services, advocates and other community stakeholders

We strongly encourage the participation of Aboriginal or Torres Strait Islander peoples, people who identify as LGBTIQ+, people from culturally diverse backgrounds, veterans and people experiencing homelessness to participate.

Service providers are welcome to attend the sessions.

Co-designing a new mental health service

To make sure the AMHC meets the needs of the people of Darwin, Neami National is facilitating a co-design process. Co-design is a collaborative process that involves working with a diverse mix of people (including people with lived experience and professional experience) to design new solutions.

Taking a co-design approach means we are “designing with” the people affected by a problem or opportunity to ensure that new solutions will meet their needs.

More information

To learn more about the new AMHC in Darwin or the co-design process, please visit www.neaminational.org.au/AMHCDarwin

The Adult Mental Health Centre Darwin is a Neami National service, delivered in partnership with Larrakia Nation and supported by Northern Territory PHN.



We acknowledge the Larrakia people as the Traditional Owners of the Darwin region and pay our respects to Larrakia elders past and present. We recognise that their sovereignty was never ceded and are committed to a positive future for the Aboriginal and Torres Strait Islander community.



The Adult Mental Health Centre is committed to cultivating inclusive environments for staff, consumers and carers and celebrates, values and includes people of all backgrounds, genders, sexualities, cultures, bodies and abilities.