

wellways

My Recovery



TEMHCO – Find out about My Recovery

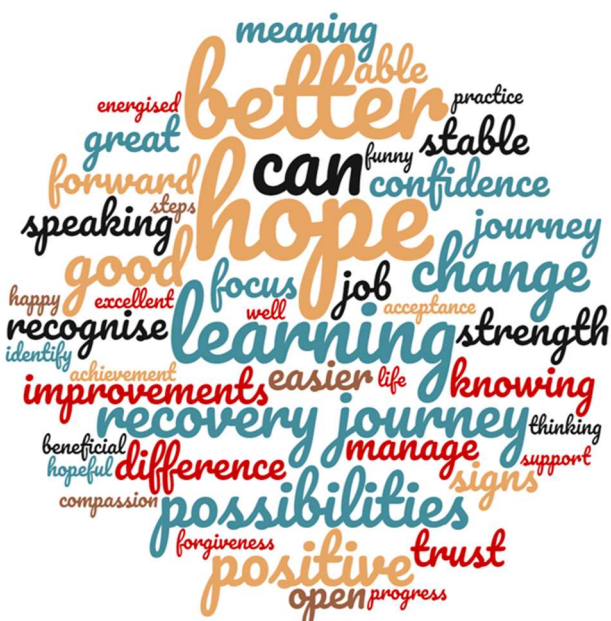
An Interactive Information Session for people interested to find out more about My Recovery.

When:

Monday, 12th of July 2021
12:30 pm to 1:30 pm

Where:

TEMHCO / Palmerston Salvos
86 Woodroffe Avenue, Woodroffe



“It was relevant, useful and gave me tools; it created connection, changed my perspective and gave me hope.”

- My Recovery participant

Image to Right: Word Art created using the reflections of My Recovery participants.

Source: Evaluation of a Peer-Led Education Pilot for people with psychosocial support needs in Darwin, Northern Territory. Menzies School of Health Research, 2020.