



NORTHERN TERRITORY
Mental Health Week
5-9 October 2020



TEMHCO



Top End Mental Health
Consumers Organisation



NORTHERN TERRITORY
**MENTAL HEALTH
COALITION**

2020 NT Mental Health Week

“Togetherness” Workshop

Thursday, 8th October 2020

9:00 am to 1:00 pm

Join us at TEMHCO for our “Togetherness” Workshop, which builds around inspiring the community to work together towards breaking the stigma on mental health and believe that recovery is possible.

We invite the public to participate in designing a combined artwork project titled “Togetherness” to highlight the importance of working together within our community and provide support for our mental health recovery journey.

We will enter the finished artwork into this year’s DCLS 24th Annual Human Rights Art Exhibition Award on 6th November 2020.

This workshop will include some men’s and women pamper sessions and will follow with a free Community BBQ lunch.

86 Woodroffe Avenue

WOODROFFE

RSVP: 5th October 2020

Email: temhco.exec@temhco.com.au or 0429 082781

