

TEMHCO Mental Health Week Activities

7th October to 10th October 2019
86 Woodroffe Avenue



Web: <https://www.temhco.com.au>
Email: temhco.exec@temhco.com.au
Phone: 0429 082 781
9:00 am to 2:30 pm

<p style="text-align: center;">M</p> <p style="text-align: center;">7th October 2019</p>	<p style="text-align: center;">T</p> <p style="text-align: center;">8th October 2019</p>	<p style="text-align: center;">T</p> <p style="text-align: center;">10th October 2019</p>
<p>Art Therapy & Massage 9:30 am to 11:30 am</p>  <p>Meditation Classes with Tammy 1:00 pm to 2:00 pm</p> 	<p>Join us for a BBQ lunch 12:00 pm</p>  <p>Men's Grooming Session with Rose 9:30 am to 11:30 am</p> 	<p>TEMHCO Open Day</p> <p>Join in for Art Therapy, Sewing & Craft Classes and Pamper Sessions 9:30 am to 12:30 pm</p>  <p>SEWING</p>  <p>Join us for a BBQ Lunch 12:00 pm</p> 