

TEMHCO



Top End Mental Health  
Consumers Organisation

## TEMHCO's Mental Health & Wellbeing Event

10<sup>th</sup> October 2019

9:30 am to 12:30 pm

86 Woodroffe Ave, Woodroffe

TEMHCO invites you to join our Mental Health Week special event. We will be providing a range of therapeutic activities to try, plus try out your skills with our Art Therapy/Sewing & Craft classes. We will also be providing a healthy BBQ lunch for a gold coin donation. To RSVP email: [temhco.exec@temhco.com.au](mailto:temhco.exec@temhco.com.au) or call 0429 082 781.



Artist: Dana Lynn Duncan

Title: A Place Somewhere



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