












M	T	W	T	F
 <p>Art Therapy with Claudia 9:30 am to 11:30 pm</p>  <p>Massage with Betty 9:30 am to 11:30 am</p>  <p>Meditation Classes with Tammy 1:00 pm to 2:00 pm</p>	 <p>Men's Grooming Session with Rose 9:30 am to 11:30 am <b>11 June 2019</b></p>  <p>BBQ lunch 12:00 pm</p> <p><b>NDIS Information Session 25 June 2019 10am to 12pm Please RSVP for Catering purposes</b></p>	 <p>Ladies Morning Tea with Sewing &amp; Craft Classes 9:30 am to 11:30 am</p>  <p>Ladies Pamper Session with Rose 9:30 am to 11:30 am <b>5 June 2019</b></p>	<p><b>Outdoor Activities</b></p>  <p><b>Grow</b></p> <p>Somerville Centre, Gray 10:00 am to 12:00 pm Lunch and Shopping Venue TBA each week</p> <p><i>Or</i></p> <p>Visit other Drop-in Centres, Shopping, etc. - can vary each week 10:00 am to 3:00 pm</p> <p><b>TEMHCO DROP-IN CENTRE CLOSED ON THURSDAYS</b></p>	 <p>Music Therapy Classes with Crystal Robins 9:30 am to 11:30 am</p> <p><b>\$10.00 Annual Membership Renewal due 30 June 2019</b></p>